

JCA Adventure Week: Condoover Hall

8th – 12th April

Kit List

At least: 5 sweaters/tops/fleeces
5 pairs of leggings/trousers or joggers – **NOT JEANS**
5 T shirts/ vests/ shirts
5 pairs of socks and underwear
Suitable clothes for a Disco
Pyjamas / nightie
4 pairs of trainers/plimsolls/shoes
Toilet Bag with toothbrush, toothpaste, flannel etc.
2 large towels
Gloves and hat (**essential**) - warm hat (and sun hat if the weather changes)
3 large, strong plastic bags / bin-liners (personalised)
1 warm coat/jacket (definitely not new!)
1 cheap waterproof anorak
1 water bottle personalised (with a carrier belt, if possible)
Hair bobbles – long hair must be tied up
Vaseline or lipsil
Tissues
Sun tan lotion (?)
Small Rucksack/PE Bag for change of clothes at activities

ALL CLOTHES MUST BE OLD AND CLEARLY NAMED!

We have five days of activities (many wet and muddy) so five complete changes (including socks) are necessary. A waterproof PIGGLE (Anorak) may be provided but an ordinary, warm coat/jacket will also be needed. A cheap waterproof anorak to go on top of fleeces for water activities is essential.

|Beware: nothing comes home quite the same!

REMEMBER : - **your child has to carry his/her own kit.**
 - the bags/bin-liners are vital for storing wet clothes and protecting clean clothes at shower time.
 - check list for re-packing at home time is advisable.
 - please make sure your child recognises his/her own equipment!

DO NOT BRING:- - Anything valuable – iPhone, iPod, iPads, radios, games, jewellery, cameras (staff will take photos).
 - Sweets or other food or drinks.
 - Any aerosols.

A waterproof (but cheap) watch is useful but not essential.

Please do not bring a torch.

Pocket money: maximum £7.00 in one pound coins only in clearly labelled purse/wallet to be handed in on Monday morning (ie **do not pack!**)